



## 32. Alteburglauf 2010

Arnstadt / 30.04.2010

### Detailed evaluation

**Widenka, Andreas**

Club: SG Motor Arnstadt

Number: 82

Course: 10.00 km

Hauptlauf

Category:

Männer M55

Total time: 54:06

Speed: 11.09 km/h

Running performance: 5:25 min/km

Rank in course/Total: 87 (of 112)

Rank in course/Men: 75 (of 87)

Best time in course: 33:04

Rank in category: 6(of 9)

Best time in the category: 39:38