



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Prescher, Frank

Club: USV Erfurt

Number: 42

Course: 10.00 km

Hauptlauf

Category:

Männer M35

Total time: 56:16

Speed: 10.66 km/h

Running performance: 5:38 min/km

Rank in course/Total: 93 (of 112)

Rank in course/Men: 79 (of 87)

Best time in course: 33:04

Rank in category: 5(of 5)

Best time in the category: 39:45