



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Raab, Mathias

Club: Lauftreff Plaue

Number: 45

Course: 10.00 km

Hauptlauf

Category:

männliche Jugend A

Total time: 59:13

Speed: 10.13 km/h

Running performance: 5:55 min/km

Rank in course/Total: 102 (of 112)

Rank in course/Men: 82 (of 87)

Best time in course: 33:04

Rank in category: 5(of 5)

Best time in the category: 38:46