



## 32. Alteburglauf 2010

Arnstadt / 30.04.2010

### Detailed evaluation

Lindstädt, Mario

Club: Arnstadt

Number: 252

Course: 10.00 km

Hauptlauf

Category:

Männer M50

Total time: 59:44

Speed: 10.04 km/h

Running performance: 5:58 min/km

Rank in course/Total: 105 (of 112)

Rank in course/Men: 83 (of 87)

Best time in course: 33:04

Rank in category: 7(of 7)

Best time in the category: 42:08