



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Erbe, Franziska

Club: SRL Arnstadt

Number: 65

Course: 10.00 km

Hauptlauf

Category:

Frauen W20

Total time: 1:05:19

Speed: 9.19 km/h

Running performance: 6:32 min/km

Rank in course/Total: 111 (of 112)

Rank in course/Women: 25 (of 25)

Best time in course: 44:47

Rank in category: 3(of 3)

Best time in the category: 56:25