



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Börner, Rainer

Club: Ichtshausen

Number: 264

Course: 10.00 km

Hauptlauf

Category:

Männer M55

Total time: 1:08:21

Speed: 8.78 km/h

Running performance: 6:50 min/km

Rank in course/Total: 112 (of 112)

Rank in course/Men: 87 (of 87)

Best time in course: 33:04

Rank in category: 9(of 9)

Best time in the category: 39:38