



32. Alteburglauf 2010
Arnstadt / 30.04.2010

Detailed evaluation

albrecht, nils

Club: WSV Schmiedefeld
Number: 100

Course: 1.20 km
Schüler- und Jedermannlauf

Category:
AK 11 männlich

Total time: 5:18

Speed: 11.32 km/h
Running performance: 4:25 min/km

Rank in course/Total: 1 (of 125)

Rank in course/Men: 1 (of 72)

Best time in course: 5:18

Rank in category: 1(of 9)

Best time in the category: 5:18