



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Müller, Jan-Erik

Club: SG Motor Arnstadt/ LA

Number: 180

Course: 1.20 km

Schüler- und Jedermannlauf

Category:

AK 11 männlich

Total time: 5:42

Speed: 10.53 km/h

Running performance: 4:45 min/km

Rank in course/Total: 9 (of 125)

Rank in course/Men: 8 (of 72)

Best time in course: 5:18

Rank in category: 3(of 9)

Best time in the category: 5:18