



32. Alteburglauf 2010

Arnstadt / 30.04.2010

Detailed evaluation

Siegemund, Martin

Club: Bechsteinschule

Number: 231

Course: 1.20 km

Schüler- und Jedermannlauf

Category:

AK 13 männlich

Total time: 6:27

Speed: 11.16 km/h

Running performance: 5:22 min/km

Rank in course/Total: 39 (of 125)

Rank in course/Men: 29 (of 72)

Best time in course: 5:18

Rank in category: 4(of 5)

Best time in the category: 5:25