



32. Alteburglauf 2010  
Arnstadt / 30.04.2010

Detailed evaluation

Eck, Lucas-Hagen

Club: SG Motor Arnstadt/ LA  
Number: 118

Course: 1.20 km  
Schüler- und Jedermannlauf

Category:  
AK 11 männlich

Total time: 6:40

Speed: 10.80 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 51 (of 125)

Rank in course/Men: 36 (of 72)

Best time in course: 5:18

Rank in category: 8(of 9)

Best time in the category: 5:18