



32. Alteburglauf 2010  
Arnstadt / 30.04.2010

Detailed evaluation

Knabe, Julia

Club: ThSV 1886 Geschwenda  
Number: 159

Course: 1.20 km  
Schüler- und Jedermannlauf

Category:  
AK 10 weiblich

Total time: 6:21

Speed: 11.34 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 33 (of 125)

Rank in course/Women: 9 (of 53)

Best time in course: 5:39

Rank in category: 2(of 6)

Best time in the category: 6:03