



# 1. Leipziger Volksbank Frauenlauf

Leipzig / 09.05.2010

## Detailed evaluation

**Seifert, Sandra**

Club: Leipzig

Number: 319

Course: 5.00 km

5 km-Lauf

Category:

Frauen W20

Total time: 27:45

Speed: 10.81 km/h

Running performance: 5:33 min/km

Rank in course: 107 (of 433)

Best time in course: 18:16

Rank in category: 27(of 117)

Best time in the category: 18:16