



1. Leipziger Volksbank Frauenlauf
Leipzig / 09.05.2010

Detailed evaluation

Könnecke, Julia

Club: VS Leipzig

Number: 175

Course: 5.00 km

5 km-Lauf

Category:

Frauen W30

Total time: 23:09

Speed: 12.96 km/h

Running performance: 4:38 min/km

Rank in course: 11 (of 433)

Best time in course: 18:16

Rank in category: 2(of 67)

Best time in the category: 19:56