



1. Leipziger Volksbank Frauenlauf  
Leipzig / 09.05.2010

Detailed evaluation

Jolas-Whittington, Silke

Club: Das Boot gGmbH  
Number: 147

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen W40

Total time: 28:15

Speed: 10.62 km/h  
Running performance: 5:39 min/km

Rank in course: 126 (of 433)

Best time in course: 18:16

Rank in category: 24(of 76)

Best time in the category: 21:39