



1. Leipziger Volksbank Frauenlauf
Leipzig / 09.05.2010

Detailed evaluation

Herrmann, Steffi

Club: SC DHfK Leipzig e.V.

Number: 458

Course: 5.00 km

5 km-Lauf

Category:

Frauen W40

Total time: 23:18

Speed: 12.88 km/h

Running performance: 4:40 min/km

Rank in course: 13 (of 433)

Best time in course: 18:16

Rank in category: 5(of 76)

Best time in the category: 21:39