



1. Leipziger Volksbank Frauenlauf

Leipzig / 09.05.2010

Detailed evaluation

Bock, Manuela

Club: LC anensee Leipzig

Number: 491

Course: 5.00 km

5 km-Lauf

Category:

Frauen W30

Total time: 23:27

Speed: 12.79 km/h

Running performance: 4:41 min/km

Rank in course: 14 (of 433)

Best time in course: 18:16

Rank in category: 3(of 67)

Best time in the category: 19:56