



1. Leipziger Volksbank Frauenlauf

Leipzig / 09.05.2010

Detailed evaluation

Plato, Sandra

Club: L.E. Volleys

Number: 252

Course: 5.00 km

5 km-Lauf

Category:

Frauen W35

Total time: 28:47

Speed: 10.42 km/h

Running performance: 5:46 min/km

Rank in course: 154 (of 433)

Best time in course: 18:16

Rank in category: 14(of 47)

Best time in the category: 24:42