



1. Leipziger Volksbank Frauenlauf

Leipzig / 09.05.2010

Detailed evaluation

Seebach, Kai

Club: Delitzsch

Number: 467

Course: 5.00 km

5 km-Lauf

Category:

Frauen W45

Total time: 29:32

Speed: 10.16 km/h

Running performance: 5:55 min/km

Rank in course: 176 (of 433)

Best time in course: 18:16

Rank in category: 22(of 54)

Best time in the category: 23:51