



1. Leipziger Volksbank Frauenlauf

Leipzig / 09.05.2010

Detailed evaluation

Dase, Sabine

Club: Turngruppe der Abt. Handball des SC DHfK
Number: 45

Course: 5.00 km
5 km-Lauf

Category:
Frauen W45

Total time: 29:49

Speed: 10.06 km/h

Running performance: 5:58 min/km

Rank in course: 188 (of 433)

Best time in course: 18:16

Rank in category: 26(of 54)

Best time in the category: 23:51