



# 1. Leipziger Volksbank Frauenlauf

Leipzig / 09.05.2010

## Detailed evaluation

**Dase, Sabine**

Club: Turngruppe der Abt. Handball des SC DHfK  
Number: 45

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen W45

Total time: 29:49

Speed: 10.06 km/h

Running performance: 5:58 min/km

Rank in course: 188 (of 433)

Best time in course: 18:16

Rank in category: 26(of 54)

Best time in the category: 23:51