



# 1. Leipziger Volksbank Frauenlauf

Leipzig / 09.05.2010

## Detailed evaluation

**Knöfler, Elke**

Club: Leipzig

Number: 459

Course: 5.00 km

5 km-Lauf

Category:

Frauen W55

Total time: 29:51

Speed: 10.05 km/h

Running performance: 5:58 min/km

Rank in course: 190 (of 433)

Best time in course: 18:16

Rank in category: 5(of 13)

Best time in the category: 24:14