



1. Leipziger Volksbank Frauenlauf

Leipzig / 09.05.2010

Detailed evaluation

Schachtschabel, Silke

Club: Leipzig

Number: 285

Course: 5.00 km

5 km-Lauf

Category:

Frauen W30

Total time: 30:13

Speed: 9.93 km/h

Running performance: 6:02 min/km

Rank in course: 211 (of 433)

Best time in course: 18:16

Rank in category: 39(of 67)

Best time in the category: 19:56