



1. Leipziger Volksbank Frauenlauf

Leipzig / 09.05.2010

Detailed evaluation

Schermann, Ilke

Club: Leipzig

Number: 432

Course: 5.00 km

5 km-Lauf

Category:

Frauen W45

Total time: 30:14

Speed: 9.92 km/h

Running performance: 6:03 min/km

Rank in course: 213 (of 433)

Best time in course: 18:16

Rank in category: 29(of 54)

Best time in the category: 23:51