



1. Leipziger Volksbank Frauenlauf

Leipzig / 09.05.2010

Detailed evaluation

Blum, Heike

Club: SV Lindenau

Number: 442

Course: 5.00 km

5 km-Lauf

Category:

Frauen W50

Total time: 32:31

Speed: 9.23 km/h

Running performance: 6:30 min/km

Rank in course: 296 (of 433)

Best time in course: 18:16

Rank in category: 18(of 31)

Best time in the category: 21:31