



1. Leipziger Volksbank Frauenlauf

Leipzig / 09.05.2010

Detailed evaluation

Ruck, Ines

Club: Leipzig

Number: 449

Course: 5.00 km

5 km-Lauf

Category:

Frauen W50

Total time: 35:35

Speed: 8.43 km/h

Running performance: 7:07 min/km

Rank in course: 395 (of 433)

Best time in course: 18:16

Rank in category: 25(of 31)

Best time in the category: 21:31