



1. Leipziger Volksbank Frauenlauf  
Leipzig / 09.05.2010

Detailed evaluation

Seipelt, Sylke

Club: Pönitz  
Number: 320

Course: 5.00 km  
5 km-Lauf

Category:  
Frauen W40

Total time: 27:04

Speed: 11.08 km/h  
Running performance: 5:25 min/km

Rank in course: 87 (of 433)

Best time in course: 18:16

Rank in category: 18(of 76)

Best time in the category: 21:39