



3. Hohegeißer Bergduathlon

Hohegeiß / 09.05.2010

Detailed evaluation

Bernnond, Lukas

Total time: 1:04:13

Club: TRIAS Hildesheim

Number: 133

Course: 26.40 km

Rank in course/Total: 3 (of 36)

GeißMan (Jedermannrennen) 4.5-19-3.0 km

Rank in course/Men: 3 (of 31)

Best time in course: 1:01:44

Category:

Rank in category: 2(of 10)

AK 1 männlich (20-29 Jahre)

Best time in the category: 1:04:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	1.50	5:01	3:20	4	0:23	8	0:23	1.50	5:01	3:20	2	0:13	28		
Lap 2	1.50	5:21	3:33	2	0:08	4	0:17	3.00	10:22	3:27	2	0:21	28		
Last lap Rad	1.50	5:49	3:52	1	-	2	0:01	4.50	16:11	3:35	2	0:15	28		
Lap 1	6.30	12:15	1:56	1	-	4	5:06	10.80	28:26	2:37	2		28		
Lap 2	6.30	11:53	1:53	1	-	4	4:44	17.10	40:19	2:21	2		28		
Last lap Rad	6.30	12:16	1:56	1	-	5	5:44	23.40	52:35	2:14	2		28		
Lap 1	1.50	6:02	4:01	3	5:38	6	5:38	24.90	58:37	2:21	2		28		
Last lap Lauf	1.50	5:36	3:43	2	0:14	3	0:14	26.40	1:04:13	2:25	2	0:06	5	28:02	