



### 3. Hohegeißer Bergduathlon

Hohegeiß / 09.05.2010

#### Detailed evaluation

**Zwirnmann, Hans**

**Total time: 1:10:34**

Club: SV Nordhausen 90 Triathlon

Number: 117

Course: 26.40 km

Rank in course/Total: 7 (of 36)

GeißMan (Jedermannrennen) 4.5-19-3.0 km

Rank in course/Men: 7 (of 31)

Best time in course: 1:01:44

Category:

Rank in category: 1(of 4)

Jugend A männlich (16/17 Jahre)

Best time in the category: 1:10:34

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.50	4:59	3:19	1	-	6	0:21	1.50	4:59	3:19	1	-	23	
Lap 2	1.50	5:46	3:50	2	0:05	10	0:42	3.00	10:45	3:35	1	-	20	
Last lap Rad	1.50	6:25	4:16	2	0:08	9	0:37	4.50	17:10	3:48	1	-	23	
Lap 1	6.30	13:22	2:07	2	0:22	10	6:13	10.80	30:32	2:49	1	-	23	
Lap 2	6.30	13:23	2:07	2	0:11	11	6:14	17.10	43:55	2:34	1	-	23	
Last lap Rad	6.30	13:47	2:11	1	-	11	7:15	23.40	57:42	2:27	1	-	23	
Lap 1	1.50	6:21	4:14	1	-	7	5:57	24.90	1:04:03	2:34	1	-	23	
Last lap Lauf	1.50	6:31	4:20	1	-	9	1:09	26.40	1:10:34	2:40	1	-	9	34:23