



3. Hohegeißer Bergduathlon

Hohegeiß / 09.05.2010

Detailed evaluation

Lilienkamp, Johannes

Total time: 1:20:17

Club: TG Lapeka

Number: 142

Course: 26.40 km

Rank in course/Total: 18 (of 36)

GeißMan (Jedermannrennen) 4.5-19-3.0 km

Rank in course/Men: 17 (of 31)

Best time in course: 1:01:44

Category:

Rank in category: 4(of 4)

Jugend A männlich (16/17 Jahre)

Best time in the category: 1:10:34

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.50	5:20	3:33	4	0:21	15	0:42	1.50	5:20	3:33	4	0:21	13	
Lap 2	1.50	6:43	4:28	4	1:02	21	1:39	3.00	12:03	4:00	4	1:18	13	0:15
Last lap Rad	1.50	7:30	5:00	4	1:13	19	1:42	4.50	19:33	4:20	4	2:23	13	0:32
Lap 1	6.30	13:40	2:10	4	0:40	14	6:31	10.80	33:13	3:04	4	2:41	13	0:06
Lap 2	6.30	14:20	2:16	3	1:08	16	7:11	17.10	47:33	2:46	4	3:38	13	0:26
Last lap Rad	6.30	15:20	2:26	4	1:33	19	8:48	23.40	1:02:53	2:41	4	5:11	13	0:26
Lap 1	1.50	8:37	5:44	4	2:16	22	8:13	24.90	1:11:30	2:52	4	7:27	13	1:59
Last lap Lauf	1.50	8:47	5:51	4	2:16	21	3:25	26.40	1:20:17	3:02	4	9:43	19	44:06