



3. Hohegeißer Bergduathlon

Hohegeiß / 09.05.2010

Detailed evaluation

König, Gregor

Total time: 1:28:30

Club: DJK Nordhausen

Number: 111

Course: 26.40 km

Rank in course/Total: 24 (of 36)

GeißMan (Jedermannrennen) 4.5-19-3.0 km

Rank in course/Men: 22 (of 31)

Best time in course: 1:01:44

Category:

Rank in category: 1(of 2)

AK 4 männlich (50-59 Jahre)

Best time in the category: 1:28:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.50	6:29	4:19	1	-	23	1:51	1.50	6:29	4:19	1	-	8	1:02
Lap 2	1.50	7:15	4:49	1	-	25	2:11	3.00	13:44	4:34	1	-	8	1:56
Last lap Rad	1.50	7:47	5:11	1	-	21	1:59	4.50	21:31	4:46	1	-	8	2:30
Lap 1	6.30	16:09	2:33	1	-	24	9:00	10.80	37:40	3:29	1	-	8	4:33
Lap 2	6.30	16:33	2:37	1	-	24	9:24	17.10	54:13	3:10	1	-	8	7:06
Last lap Rad	6.30	17:13	2:43	1	-	25	10:41	23.40	1:11:26	3:03	1	-	8	8:59
Lap 1	1.50	8:46	5:50	1	-	23	8:22	24.90	1:20:12	3:13	1	-	8	10:41
Last lap Lauf	1.50	8:18	5:32	1	-	20	2:56	26.40	1:28:30	3:21	1	-	24	52:19