



3. Hohegeißer Bergduathlon

Hohegeiß / 09.05.2010

Detailed evaluation

Heyns, Koen

Total time: 1:51:51

Club: Antwerpen

Number: 121

Course: 26.40 km

Rank in course/Total: 31 (of 36)

GeißMan (Jedermannrennen) 4.5-19-3.0 km

Rank in course/Men: 26 (of 31)

Best time in course: 1:01:44

Category:

Rank in category: 9(of 10)

AK 1 männlich (20-29 Jahre)

Best time in the category: 1:04:07

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.50	7:33	5:01	10	2:55	30	2:55	1.50	7:33	5:01	9	2:45	4	2:06
Lap 2	1.50	8:51	5:53	10	3:38	30	3:47	3.00	16:24	5:27	9	6:23	4	4:36
Last lap Rad	1.50	11:57	7:57	10	6:08	30	6:09	4.50	28:21	6:18	9	12:25	4	9:20
Lap 1	6.30	20:12	3:12	9	7:57	29	13:03	10.80	48:33	4:29	9	20:02	4	15:26
Lap 2	6.30	19:45	3:08	8	7:52	27	12:36	17.10	1:08:18	3:59	9	27:35	4	21:11
Last lap Rad	6.30	22:39	3:35	8	10:23	29	16:07	23.40	1:30:57	3:53	9	37:47	4	28:30
Lap 1	1.50	10:47	7:11	9	10:23	27	10:23	24.90	1:41:44	4:05	9	42:59	4	32:13
Last lap Lauf	1.50	10:07	6:44	8	4:45	24	4:45	26.40	1:51:51	4:14	9	47:44	28	1:15:40