



# 3. Hohegeißer Bergduathlon

Hohegeiß / 09.05.2010

## Detailed evaluation

**Konschak, Ulrich**

**Total time: 2:14:25**

Club: SV Nordhausen 90 Triathlon

Number: 174

Course: 55.00 km

Rank in course/Total: 2 (of 25)

HarzMan (10-40-5 km)

Rank in course/Men: 2 (of 22)

Best time in course: 2:06:11

Category:

Rank in category: 2(of 5)

AK 2 männlich (30-39 Jahre)

Best time in the category: 2:06:11

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.50	8:12	3:16	2	0:06	4	0:06	2.50	8:12	3:16	2	0:06	22	
Lap 2	2.50	8:21	3:20	2	0:08	3	0:08	5.00	16:33	3:18	2	0:14	22	
Lap 3	2.50	8:39	3:27	2	0:25	3	0:25	7.50	25:12	3:21	2	0:39	22	
Last lap Rad	2.50	9:22	3:44	2	0:34	4	0:34	10.00	34:34	3:27	2	1:13	22	
Lap 1	10.00	20:30	2:02	2	1:55	7	20:09	20.00	55:04	2:45	2	3:08	22	
Lap 2	10.00	20:17	2:01	2	1:56	3	1:56	30.00	1:15:21	2:30	2	5:04	22	
Lap 3	10.00	20:06	2:00	2	1:15	3	1:15	40.00	1:35:27	2:23	2	6:19	22	
Last lap Rad	10.00	20:57	2:05	2	1:35	2	1:35	50.00	1:56:24	2:19	2	7:54	22	
Lap 1	2.50	8:55	3:33	2	0:29	2	0:29	52.50	2:05:19	2:23	2	8:23	22	
Last lap Lauf	2.50	9:06	3:38	1	-	2	0:12	55.00	2:14:25	2:26	2	8:14	2	8:14