



# 3. Hohegeißer Bergduathlon

Hohegeiß / 09.05.2010

## Detailed evaluation

**Zillmann, Uwe**

Club: Braunschweig

Number: 167

Course: 55.00 km

HarzMan (10-40-5 km)

Category:

AK 3 männlich (40-49 Jahre)

Total time: 2:35:04

Rank in course/Total: 12 (of 25)

Rank in course/Men: 11 (of 22)

Best time in course: 2:06:11

Rank in category: 4(of 8)

Best time in the category: 2:18:33

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	2.50	10:03	4:01	8	1:33	18	1:57	2.50	10:03	4:01	4	1:33	13	0:23
Lap 2	2.50	10:19	4:07	7	1:12	15	2:06	5.00	20:22	4:04	4	2:45	13	0:15
Lap 3	2.50	10:25	4:09	7	1:08	15	2:11	7.50	30:47	4:06	4	3:53	13	0:02
Last lap Rad	2.50	11:41	4:40	7	1:42	16	2:53	10.00	42:28	4:14	4	5:35	13	0:35
Lap 1	10.00	0:29	0:02	1	-	3	0:08	20.00	42:57	2:08	4		13	
Lap 2	10.00	43:25	4:20	8	23:37	21	25:04	30.00	1:26:22	2:52	4	9:31	13	
Lap 3	10.00	21:54	2:11	3	1:52	8	3:03	40.00	1:48:16	2:42	4	11:23	13	
Last lap Rad	10.00	23:17	2:19	3	2:10	8	3:55	50.00	2:11:33	2:37	4	13:33	13	
Lap 1	2.50	11:55	4:46	8	2:05	18	3:29	52.50	2:23:28	2:43	4	15:09	13	
Last lap Lauf	2.50	11:36	4:38	5	1:58	11	2:42	55.00	2:35:04	2:49	4	16:31	11	28:53