



3. Hohegeißer Bergduathlon

Hohegeiß / 09.05.2010

Detailed evaluation

Zillmann, Uwe

Club: Braunschweig
Number: 167

Course: 55.00 km
HarzMan (10-40-5 km)

Category:
AK 3 männlich (40-49 Jahre)

Total time: 2:35:04

Rank in course/Total: 12 (of 25)

Rank in course/Men: 11 (of 22)

Best time in course: 2:06:11

Rank in category: 4(of 8)

Best time in the category: 2:18:33

Intermediate times

Stage score

Total ranking

| Control | Split | | Pos | Behind | Pos | | Total | Total | Total | Pos | Behind | Pos | Behind | |
|---------------|-------|-------|------|--------|--------|------|-------|-------|---------|------|--------|-------|--------|-------|
| | km | Time | | | min/km | Cat. | | | | | | | | Cat. |
| Lap 1 | 2.50 | 10:03 | 4:01 | 8 | 1:33 | 18 | 1:57 | 2.50 | 10:03 | 4:01 | 4 | 1:33 | 13 | 0:23 |
| Lap 2 | 2.50 | 10:19 | 4:07 | 7 | 1:12 | 15 | 2:06 | 5.00 | 20:22 | 4:04 | 4 | 2:45 | 13 | 0:15 |
| Lap 3 | 2.50 | 10:25 | 4:09 | 7 | 1:08 | 15 | 2:11 | 7.50 | 30:47 | 4:06 | 4 | 3:53 | 13 | 0:02 |
| Last lap Rad | 2.50 | 11:41 | 4:40 | 7 | 1:42 | 16 | 2:53 | 10.00 | 42:28 | 4:14 | 4 | 5:35 | 13 | 0:35 |
| Lap 1 | 10.00 | 0:29 | 0:02 | 1 | - | 3 | 0:08 | 20.00 | 42:57 | 2:08 | 4 | | 13 | |
| Lap 2 | 10.00 | 43:25 | 4:20 | 8 | 23:37 | 21 | 25:04 | 30.00 | 1:26:22 | 2:52 | 4 | 9:31 | 13 | |
| Lap 3 | 10.00 | 21:54 | 2:11 | 3 | 1:52 | 8 | 3:03 | 40.00 | 1:48:16 | 2:42 | 4 | 11:23 | 13 | |
| Last lap Rad | 10.00 | 23:17 | 2:19 | 3 | 2:10 | 8 | 3:55 | 50.00 | 2:11:33 | 2:37 | 4 | 13:33 | 13 | |
| Lap 1 | 2.50 | 11:55 | 4:46 | 8 | 2:05 | 18 | 3:29 | 52.50 | 2:23:28 | 2:43 | 4 | 15:09 | 13 | |
| Last lap Lauf | 2.50 | 11:36 | 4:38 | 5 | 1:58 | 11 | 2:42 | 55.00 | 2:35:04 | 2:49 | 4 | 16:31 | 11 | 28:53 |