



3. Hohegeißer Bergduathlon

Hohegeiß / 09.05.2010

Detailed evaluation

Lohe, Sebastian

Club: TT HSU Hamburg

Number: 161

Course: 55.00 km

HarzMan (10-40-5 km)

Category:

AK 1 männlich (20-29 Jahre)

Total time: 2:36:10

Rank in course/Total: 13 (of 25)

Rank in course/Men: 12 (of 22)

Best time in course: 2:06:11

Rank in category: 5(of 6)

Best time in the category: 2:17:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking		Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.		
Lap 1	2.50	9:40	3:51	6	1:30	15	1:34	2.50	9:40	3:51	5	1:30	1	-
Lap 2	2.50	10:27	4:10	5	2:10	16	2:14	5.00	20:07	4:01	5	3:40	1	-
Lap 3	2.50	10:38	4:15	5	2:11	16	2:24	7.50	30:45	4:05	5	5:51	1	-
Last lap Rad	2.50	11:08	4:27	5	1:53	13	2:20	10.00	41:53	4:11	5	7:41	1	-
Lap 1	10.00	22:36	2:15	5	22:15	14	22:15	20.00	1:04:29	3:13	5	8:53	1	-
Lap 2	10.00	22:29	2:14	4	1:41	12	4:08	30.00	1:26:58	2:53	5	10:27	1	-
Lap 3	10.00	23:13	2:19	4	2:21	12	4:22	40.00	1:50:11	2:45	5	12:29	1	-
Last lap Rad	10.00	23:34	2:21	3	1:38	9	4:12	50.00	2:13:45	2:40	5	14:07	1	-
Lap 1	2.50	10:28	4:11	4	1:15	9	2:02	52.50	2:24:13	2:44	5	15:22	1	-
Last lap Lauf	2.50	11:57	4:46	4	3:03	15	3:03	55.00	2:36:10	2:50	5	18:25	12	29:59