



3. Hohegeißer Bergduathlon

Hohegeiß / 09.05.2010

Detailed evaluation

Seegy, Dieter

Club: LTV Erfurt

Number: 168

Course: 55.00 km

HarzMan (10-40-5 km)

Category:

AK 4 männlich (50-59 Jahre)

Total time: 2:57:45

Rank in course/Total: 21 (of 25)

Rank in course/Men: 20 (of 22)

Best time in course: 2:06:11

Rank in category: 2(of 3)

Best time in the category: 2:45:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	2.50	11:12	4:28	3	0:39	22	3:06	2.50	11:12	4:28	2	0:39	4	1:32
Lap 2	2.50	12:34	5:01	2	1:03	21	4:21	5.00	23:46	4:45	2	1:42	4	3:39
Lap 3	2.50	12:39	5:03	2	0:49	21	4:25	7.50	36:25	4:51	2	2:31	4	5:40
Last lap Rad	2.50	14:05	5:38	2	1:15	21	5:17	10.00	50:30	5:02	2	3:46	4	8:37
Lap 1	10.00	24:02	2:24	2	1:28	18	23:41	20.00	1:14:32	3:43	2	5:14	4	10:03
Lap 2	10.00	24:48	2:28	2	2:09	17	6:27	30.00	1:39:20	3:18	2	7:23	4	12:22
Lap 3	10.00	24:47	2:28	2	1:33	18	5:56	40.00	2:04:07	3:06	2	8:56	4	13:56
Last lap Rad	10.00	27:06	2:42	2	2:31	18	7:44	50.00	2:31:13	3:01	2	11:27	4	17:28
Lap 1	2.50	13:21	5:20	2	2:19	20	4:55	52.50	2:44:34	3:08	2	13:46	4	20:21
Last lap Lauf	2.50	13:11	5:16	1	-	17	4:17	55.00	2:57:45	3:13	2	11:48	20	51:34