



Horizontale - 100 km rund um Jena

Jena / 28.05.2010-29.05.2010

Detailed evaluation

Lemme, Frank

Club: Gardelegen

Number: 1104

Course: 35.50 km

35 km Sportwanderung

Total time: 6:01:47

Speed: 5.80 km/h

metres in height up: 500

Course score: 42.50

performance score: 253 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	07:01	00:00	00:00
Zöllnitz/Festwiese	8.0	8.0	08:35	01:34	01:34
Sommerlinde	16.5	8.5	10:00	02:59	01:24
USZ	35.5	19.0	13:03	06:01	03:02