



Horizontale - 100 km rund um Jena

Jena / 28.05.2010-29.05.2010

Detailed evaluation

Montag, Frank

Club: Jena

Number: 1021

Course: 35.50 km

35 km Sportwanderung

Total time: 6:23:03

Speed: 5.48 km/h

metres in height up: 500

Course score: 42.50

performance score: 239 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	06:50	00:00	00:00
Zöllnitz/Festwiese	8.0	8.0	08:28	01:37	01:37
Sommerlinde	16.5	8.5	10:01	03:10	01:32
USZ	35.5	19.0	13:13	06:23	03:12