



Horizontale - 100 km rund um Jena

Jena / 28.05.2010-29.05.2010

Detailed evaluation

Friedewald, Sabine

Club: Jena

Number: 3088

Course: 35.50 km

35 km Sportwanderung

Total time: 6:24:39

Speed: 5.46 km/h

metres in height up: 500

Course score: 42.50

performance score: 238 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	07:36	00:00	00:00
Zöllnitz/Festwiese	8.0	8.0	09:20	01:43	01:43
Sommerlinde	16.5	8.5	10:52	03:15	01:31
USZ	35.5	19.0	14:01	06:24	03:08