



Horizontale - 100 km rund um Jena

Jena / 28.05.2010-29.05.2010

Detailed evaluation

Nega, Eva

Club: Roter Adler

Number: 1064

Course: 35.50 km

35 km Sportwanderung

Total time: 7:22:49

Speed: 4.74 km/h

metres in height up: 500

Course score: 42.50

performance score: 206 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|--------------------|----------|----------|-------------|------------|------------|
| Start | 0 | 0 | 07:30 | 00:00 | 00:00 |
| Zöllnitz/Festwiese | 8.0 | 8.0 | 09:23 | 01:53 | 01:53 |
| Sommerlinde | 16.5 | 8.5 | 11:17 | 03:46 | 01:53 |
| USZ | 35.5 | 19.0 | 14:52 | 07:22 | 03:35 |