



# Horizontale - 100 km rund um Jena

Jena / 28.05.2010-29.05.2010

## Detailed evaluation

Rübner, Michael

Club: Jena

Number: 1140

Course: 35.50 km

35 km Sportwanderung

Total time: 7:14:38

Speed: 4.90 km/h

metres in height up: 500

Course score: 42.50

performance score: 210 Points

## Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	07:39	00:00	00:00
Zöllnitz/Festwiese	8.0	8.0	09:43	02:04	02:04
Sommerlinde	16.5	8.5	11:44	04:05	02:01
USZ	35.5	19.0	14:53	07:14	03:09