



Horizontale - 100 km rund um Jena

Jena / 28.05.2010-29.05.2010

Detailed evaluation

Friedrich, Sven

Club: Apolda
Number: 1292

Course: 35.50 km
35 km Sportwanderung

Total time: 7:02:06

Speed: 4.98 km/h

metres in height up: 500
Course score: 42.50

performance score: 217 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	07:59	00:00	00:00
Zöllnitz/Festwiese	8.0	8.0	10:09	02:09	02:09
Sommerlinde	16.5	8.5	11:40	03:40	01:30
USZ	35.5	19.0	15:02	07:02	03:21