



Horizontale - 100 km rund um Jena

Jena / 28.05.2010-29.05.2010

Detailed evaluation

Majonek, Ralf

Club: Jena

Number: 1217

Course: 35.50 km

35 km Sportwanderung

Total time: 7:15:52

Speed: 4.82 km/h

metres in height up: 500

Course score: 42.50

performance score: 210 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	07:47	00:00	00:00
Zöllnitz/Festwiese	8.0	8.0	09:25	01:37	01:37
Sommerlinde	16.5	8.5	11:25	03:38	02:00
USZ	35.5	19.0	15:03	07:15	03:37