



Horizontale - 100 km rund um Jena

Jena / 28.05.2010-29.05.2010

Detailed evaluation

Makarow, Michail

Club: Jena

Number: 1096

Course: 35.50 km

35 km Sportwanderung

Total time: 4:21:34

Speed: 8.03 km/h

metres in height up: 500

Course score: 42.50

performance score: 349 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	06:49	00:00	00:00
Zöllnitz/Festwiese	8.0	8.0	08:03	01:14	01:14
Sommerlinde	16.5	8.5	09:11	02:22	01:07
USZ	35.5	19.0	11:10	04:21	01:59