



Horizontale - 100 km rund um Jena

Jena / 28.05.2010-29.05.2010

Detailed evaluation

Koch, Helga

Club: Rastenberg

Number: 1050

Course: 35.50 km

35 km Sportwanderung

Total time: 8:52:06

Speed: 3.95 km/h

metres in height up: 500

Course score: 42.50

performance score: 172 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	06:54	00:00	00:00
Zöllnitz/Festwiese	8.0	8.0	09:12	02:18	02:18
Sommerlinde	16.5	8.5	11:25	04:31	02:13
USZ	35.5	19.0	15:46	08:52	04:20