



Horizontale - 100 km rund um Jena

Jena / 28.05.2010-29.05.2010

Detailed evaluation

Al-Shuhari, Ferjal

Club: Jena

Number: 1278

Course: 35.50 km

35 km Sportwanderung

Total time: 8:25:47

Speed: 4.15 km/h

metres in height up: 500

Course score: 42.50

performance score: 181 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	07:43	00:00	00:00
Zöllnitz/Festwiese	8.0	8.0	09:44	02:01	02:01
Sommerlinde	16.5	8.5	11:48	04:05	02:04
USZ	35.5	19.0	16:08	08:25	04:20