



# Horizontale - 100 km rund um Jena

Jena / 28.05.2010-29.05.2010

## Detailed evaluation

Lifka, Jan

Club: Greppin

Number: 65

Course: 99.50 km

100 km Langstreckenwanderung

Total time: 22:35:02

Speed: 4.38 km/h

metres in height up: 2339

Course score: 134.09

performance score: 594 Points

## Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	18:07	00:00	00:00
Zöllnitz/Festwiese	22.6	22.6	22:27	04:19	04:19
Ammerbach/Festwiese	46.2	23.6	03:43	09:35	05:16
Rosental	68.0	21.8	08:50	14:42	05:06
Kunitz	70.0	2.0	09:37	15:29	00:47
Steinkreuz	84.9	14.9	13:15	19:07	03:37
Fürstenbrunnen	94.2	9.3	15:33	21:25	02:18
USZ	99.5	5.3	16:42	22:35	01:09