



Horizontale - 100 km rund um Jena

Jena / 28.05.2010-29.05.2010

Detailed evaluation

Sauer, Claudia

Club: Jena

Number: 1210

Course: 35.50 km

35 km Sportwanderung

Total time: 8:41:48

Speed: 4.02 km/h

metres in height up: 500

Course score: 42.50

performance score: 175 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|--------------------|----------|----------|-------------|------------|------------|
| Start | 0 | 0 | 08:05 | 00:00 | 00:00 |
| Zöllnitz/Festwiese | 8.0 | 8.0 | 10:07 | 02:02 | 02:02 |
| Sommerlinde | 16.5 | 8.5 | 11:54 | 03:49 | 01:47 |
| USZ | 35.5 | 19.0 | 16:47 | 08:41 | 04:52 |