



Horizontale - 100 km rund um Jena

Jena / 28.05.2010-29.05.2010

Detailed evaluation

Jakobs, Friedrich

Club: Potsdam

Number: 780

Course: 99.50 km

100 km Langstreckenwanderung

Total time: 22:55:04

Speed: 4.32 km/h

metres in height up: 2339

Course score: 134.09

performance score: 584 Points

Intermediate times

| Control | km Total | km Split | Time of day | Total Time | Split Time |
|---------------------|----------|----------|-------------|------------|------------|
| Start | 0 | 0 | 18:51 | 00:00 | 00:00 |
| Zöllnitz/Festwiese | 22.6 | 22.6 | 23:07 | 04:15 | 04:15 |
| Ammerbach/Festwiese | 46.2 | 23.6 | 04:25 | 09:33 | 05:18 |
| Rosental | 68.0 | 21.8 | 09:39 | 14:47 | 05:13 |
| Kunitz | 70.0 | 2.0 | 10:21 | 15:29 | 00:41 |
| Steinkreuz | 84.9 | 14.9 | 14:43 | 19:51 | 04:21 |
| Fürstenbrunnen | 94.2 | 9.3 | 16:46 | 21:54 | 02:03 |
| USZ | 99.5 | 5.3 | 17:46 | 22:55 | 01:00 |