



Horizontale - 100 km rund um Jena

Jena / 28.05.2010-29.05.2010

Detailed evaluation

Heck, Steffen

Club: RK Ubstadt

Number: 582

Course: 99.50 km

100 km Langstreckenwanderung

Total time: 24:03:37

Speed: 4.11 km/h

metres in height up: 2339

Course score: 134.09

performance score: 557 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	18:17	00:00	00:00
Zöllnitz/Festwiese	22.6	22.6	22:22	04:04	04:04
Ammerbach/Festwiese	46.2	23.6	03:10	08:52	04:47
Rosental	68.0	21.8	08:44	14:26	05:33
Kunitz	70.0	2.0	09:34	15:16	00:50
Steinkreuz	84.9	14.9	13:53	19:36	04:19
Fürstenbrunnen	94.2	9.3	16:48	22:30	02:54
USZ	99.5	5.3	18:21	24:03	01:33