



11. Harzer MTB-Event  
Altenau (Oberharz) / 30.05.2010

Detailed evaluation

Ludwigs, Jens

Club: ATB Sport  
Number: 490

Course: 77.80 km  
Marathon Mitteldistanz

Category:  
Senioren

Total time: 3:40:10

Speed: 20.98 km/h

Rank in course/Total: 27 (of 160)

Rank in course/Men: 27 (of 154)

Best time in course: 3:00:41

Rank in category: 4(of 69)

Best time in the category: 3:27:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.30	31:36	22.78	6	4:15	35	5:21	12.30	31:36	22.78	42		41	
Lap 2	13.40	33:57	22.97	4	2:19	30	4:55	25.70	1:05:33	22.88	42		41	
Lap 3	25.50	1:15:26	19.89	5	7:13	34	36:06	51.20	2:20:59	21.70	34		28	24:29
Lap 4	13.40	36:19	21.48	3	2:58	23	6:10	64.60	2:57:18	21.66	34		27	30:39
Last lap Finish	13.20	42:52	18.20	3	2:31	19	11:12	77.80	3:40:10	20.98	12	1:56:04	47	1:58:46