



11. Harzer MTB-Event
Altenau (Oberharz) / 30.05.2010

Detailed evaluation

Adolf, Sebastian

Club: RSV Werner Otto
Number: 408

Course: 77.80 km
Marathon Mitteldistanz

Category:
Herren

Total time: 4:04:55

Speed: 18.86 km/h

Rank in course/Total: 69 (of 160)

Rank in course/Men: 67 (of 154)

Best time in course: 3:00:41

Rank in category: 45(of 85)

Best time in the category: 3:00:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	12.30	33:30	21.49	40	7:15	60	7:15	12.30	33:30	21.49	10			81	
Lap 2	13.40	35:06	22.22	35	6:04	48	6:04	25.70	1:08:36	21.87	10			81	
Lap 3	25.50	1:23:56	17.87	49	44:36	73	44:36	51.20	2:32:32	20.06	12			68	36:02
Lap 4	13.40	42:05	18.53	51	11:56	77	11:56	64.60	3:14:37	19.73	12	0:02		67	47:58
Last lap Finish	13.20	50:18	15.51	52	18:38	81	18:38	77.80	4:04:55	18.86	57	2:23:31		87	2:23:31